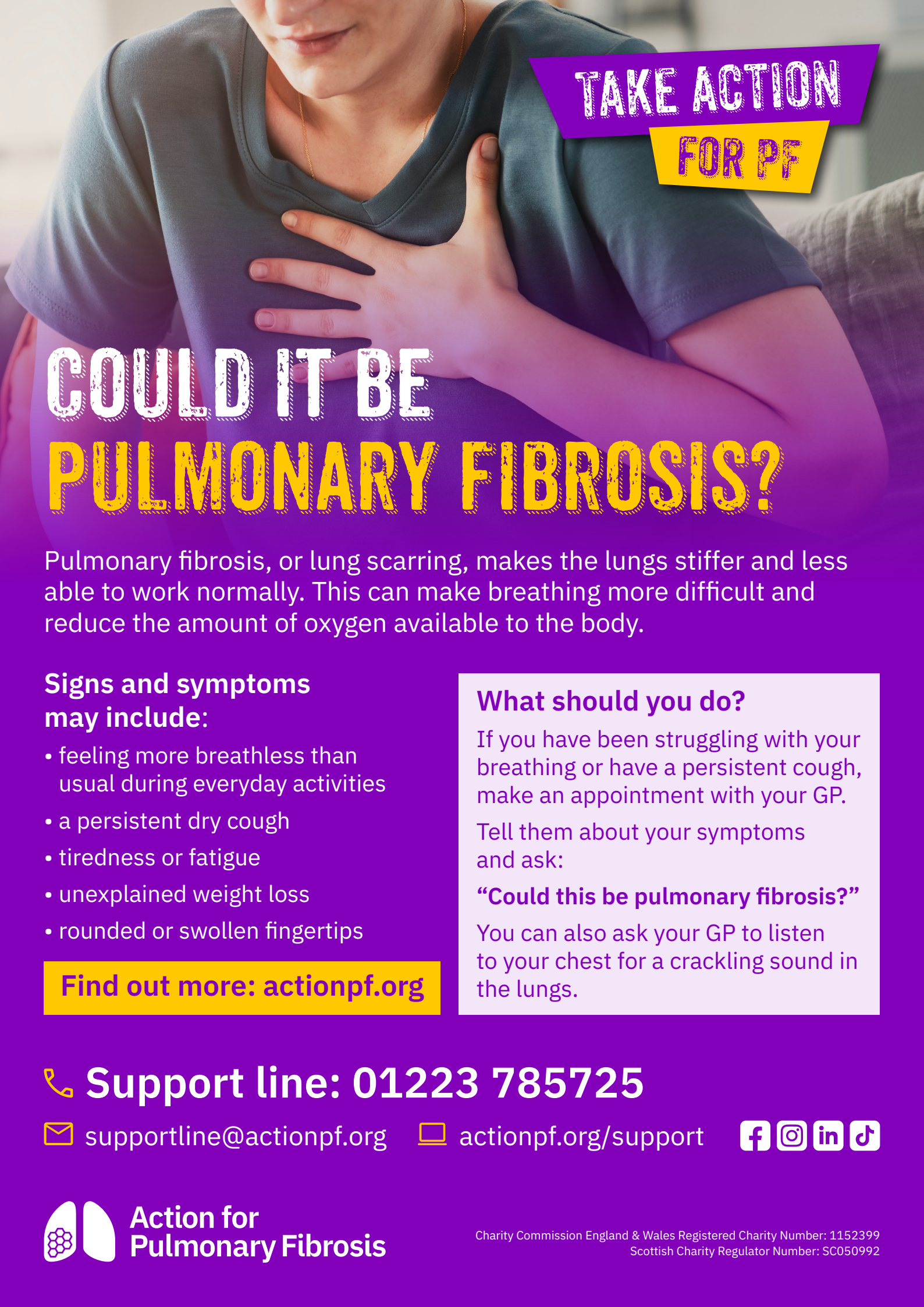




**TAKE ACTION
FOR PF**

COULD IT BE PULMONARY FIBROSIS?

Pulmonary fibrosis, or lung scarring, makes the lungs stiffer and less able to work normally. This can make breathing more difficult and reduce the amount of oxygen available to the body.

Signs and symptoms may include:

- feeling more breathless than usual during everyday activities
- a persistent dry cough
- tiredness or fatigue
- unexplained weight loss
- rounded or swollen fingertips

Find out more: actionpf.org

What should you do?

If you have been struggling with your breathing or have a persistent cough, make an appointment with your GP.

Tell them about your symptoms and ask:

“Could this be pulmonary fibrosis?”

You can also ask your GP to listen to your chest for a crackling sound in the lungs.

 **Support line: 01223 785725**

 supportline@actionpf.org  actionpf.org/support

